

Helpful Numbers for Caregivers

All 1-800 numbers assume a call from Texas

Area Agencies on Aging Information and Referral

Dallas County	1-800-548-1873	Governor's Office, Citizens' Hotline	1-800-843-5789
Heart of Texas (Waco)	1-866-772-9600	Governor's Ombudsman	1-800-252-9600
North Central Texas (Arlington)	1-800-272-3921	Hearing Aid Helpline	1-800-521-5247
Tarrant County (Fort Worth)	1-817-258-8080	Hearing Helpline	1-800-327-9355
Alcoholics Anonymous - Dallas	1-214-887-6699	Hospice Information	1-800-658-8898
Alzheimer's Disease & Related Disorders	1-800-242-3399	Incontinence Information	1-800-252-3337
Alzheimer's Disease Education & Referral Center	1-800-438-4380	Insurance (Claims and Complaints)	1-800-252-3439
American Cancer Society	1-800-227-2345	Internal Revenue Service (IRS)	
American Diabetes Association	1-800-232-3472	Taxpayer Service	1-800-829-1040
American Dietetic Association	1-800-877-1600	Forms	1-800-829-3676
American Heart Association	1-800-242-8721	Legal Hotline for Texans	1-800-622-2520
American Liver Foundation	1-800-465-4837	Medicaid Hotline	1-800-252-8263
American Lung Association	1-800-586-4872	Medicare Beneficiary Hotline	1-800-633-4227
Arthritis Foundation (Information)	1-800-283-7800	Medicare Customer Center Claims and Appeals	1-800-633-4227
North Texas Chapter	1-800-442-6653	Medicare Claims Part A & Part B	1-800-633-4227
Asthma and Allergy Foundation	1-800-727-8462	Medicare, Medicaid Fraud & Waste Hotline	1-800-447-8477
Attorney General	1-512-463-2100	Medicare Telephone Device for the Deaf	1-800-633-4227
Consumer Protection Division	1-800-621-0508	Medicare: Second Opinion Surgery	1-800-633-4227
Blue Cross Medicare Supplement Information	1-800-654-9390	Minority Health Resources Center	1-800-444-6472
Breast Cancer Support Program (Y-ME)	1-800-221-2141	National Center for Nutrition and Dietetics	1-800-366-1655
Cancer Information	1-800-422-6237	National Health Information Center	1-800-336-4797
Department of Health	1-512-458-7111	National Institutes of Health	1-301-496-4000
Dept. of Aging and Disability Services (DADS)	1-512-438-3200	National Mental Health Association	1-800-969-6642
Information and Referral	1-800-252-9240	National Stroke Association	1-800-787-6537
Long-Term Care Ombudsman, Pre-Admission	1-800-458-9858	Operation Restore Trust (To report Medicare fraud)	1-800-447-8477
Screening, and Resident Review		Osteoporosis Foundation	1-800-223-9994
DADS Commissioner	1-512-438-3030	Parkinson's Disease Information (National)	1-800-223-2732
DADS - Consumer Rights Hotline	1-800-458-9858	PICAPS Pension Counseling and Assistance of the SW	1-888-343-4414
Adult Day Care, Assisted Living, Home Health Agencies,		Public Utility Commission	1-888-782-8477
Hospice Agencies, ICFMR Group Homes, Nursing Homes		Senior Health Insurance Assistance Program (SHIP)	1-800-252-9240
Domestic Violence Hotline	1-800-799-7233	Social Security	1-800-772-1213
Elder Abuse and Protective Services Hotline	1-800-252-5400	Texas Medical Association	1-800-880-1300
(Report Suspected Abuse and Information)		TMF Health Quality Institute	
Elder Care Locator, Nationwide Link	1-800-677-1116	Inappropriate medicare discharge and treatment	1-800-725-9216
Electronic Transfer of Social Security, SII, VA, or RR		U.S. Department of Labor	
Retirement Funds to Bank	1-888-382-3311	Employee Benefits Security Administration	1-866-275-7922
Eyecare Helpline	1-800-222-3937	Veterans Information	
Food Safety Hotline (Meat & Poultry)	1-800-535-4555	Texas Veterans Commission	1-512-463-5538
Glaucoma Support Network	1-800-826-6693	U.S. Department of Veterans Affairs	1-800-827-1000

For more information on banks offering reverse mortgages, call HUD in Washington at 1-202-708-1112 or go online at www.hud.gov. Click on "senior sites," then "HUD-approved reverse mortgage lenders."