



Meals-on-Wheels

OF JOHNSON AND ELLIS COUNTIES

Serving the Children of Yesterday

2006 Annual Report

Making the difference in the lives of many by:

- helping to feed the hungry,
- helping to break the isolation of many lonely days,
- helping people to live independently in their own homes,
- helping people to maintain their dignity,
- helping families to better care for their loved ones,
- helping to prevent premature nursing home placements,
- helping our communities to foster the positive community spirit of people helping people, and helping to improve the overall quality of life.

Mission:

Meals-on-Wheels of Johnson & Ellis Counties serves the children of yesterday by helping needy homebound elderly and disabled persons remain independent and healthy in their homes by providing home-delivered meals, daily personal contact, and support for individuals and their families.

Highlights:

- Meals-on-Wheels of Johnson & Ellis Counties (Meals-on-Wheels) is a community-based aging services organization. Meals-on-Wheels provides Home-Delivered Meals and Case Management to frail, isolated, elderly and disabled persons. Also provided is Information and Assistance to families with needy elderly and disabled family members. The agency works with local Senior Centers in arranging for nutritious meals, health screenings and other programs. Meals-on-Wheels works closely with home health agencies, doctors' offices, hospital discharge planners, and other community service groups to coordinate services to those in need. Meals-on-Wheels, formerly known as the Johnson County Committee on Aging, has served Johnson County since 1977, and began serving Ellis County in April of 2001. A dual-county program, Meals-on-Wheels has adopted a new logo and new look as seen in the redesigned newsletter, *BreadBasket*, promotional video and website, www.servingthechildrenofyesterday.org. These were all done to better serve and inform our clients, donors and volunteers.
- All Meals-on-Wheels services are provided on a countywide basis, with services extending into adjoining counties. Emphasis is placed on individuals versus numbers, communities as opposed to governmental boundaries, and timely services for needy individuals over lengthy waiting lists.
- The organization is governed by an seventeen member Board of Trustees, with Trustees residing throughout Johnson & Ellis County. The FY2006 Board of Trustees were:

David Price, Chairperson
Mike Lehrmann, First Vice Chairperson
Paula Harmon, Second Vice Chairperson
Joan Hinds, Third Vice Chairperson
Rusty Ballard, Treasurer

Charlie Morton, Secretary
Ronny Korb, Immediate Past Chairperson
Vinsen Faris, Executive Director

FY2006 Board of Trustees, continued:

Shirley Anderson
Patti Burkhart
Kay Kelm
Jeff Lincks

Todd Little
Mary Ann Matthews
Ike Vera

- In addition to the Board of Trustees, Meals-on-Wheels has added two advisory councils representing Johnson & Ellis county. Each Council represents the communities in its respective county. The Councils have been established to guide Meals-on-Wheels services, as well as plan for the future of the organization, which will include services and fundraising efforts.
- The staff of Meals-on-Wheels includes fourteen full and part-time persons, with over 550 volunteers assisting with the delivery of services. The executive director has been with Meals-on-Wheels since 1988. Senior staff includes: Amy Jackson, Director of Development, and Tracy Moore, Director of Client Services.
- The Johnson County administrative offices are located at 1601 North Anglin, Suite B, Cleburne, Texas. The Johnson County MHMR Center and the Johnson County Commissioners' Court make these facilities possible at no cost to the organization. The Ellis County office is located at 503 Ferris Avenue, Suite D, Waxahachie, Texas.
- Meals-on-Wheels is a nationally certified nutrition program through the Meals On Wheels Association of America (MOWAA). This accreditation acknowledges programs that demonstrate the highest standards of services to its communities. With this certification granted in March of 2004, Meals-on-Wheels joins a prestigious group of organizations across the country dedicated to providing quality senior nutrition services. Meals-on-Wheels is only one of two organizations certified in North Texas, joining Meals on Wheels, Inc. of Tarrant County, and statewide, Meals for the Elderly of San Angelo and Meals on Wheels and More of Austin.
- Revenues for the fiscal year 2006 were \$ with expenses being \$. This past year has proven to be another challenging year in recovering from our \$100,000 loss in government funding. Meals-on-Wheels has aggressively been fundraising this past year raising over \$ in discretionary funds from over 400 new donors. Approximately % of the expenses were spent in Johnson County and % spent in Ellis. During this year, over 1,100 needy elderly and disabled persons received direct services from Meals-on-Wheels, which included:

Johnson County

Home-Delivered Meals	meals
Congregate Meals in Senior Centers	meals
Nutritional Supplements	units
Transportation Services	
Special/Emergency Food Sacks	

Ellis County

Home-Delivered Meals	meals
Congregate Meals in Senior Centers	meals
Nutritional Supplements	units
Transportation Services	

- Other significant numbers during the past year included:

	Volunteer Hours	Over 12,000 hours
	Miles driven by volunteers	95,000+ miles
	Staff Visits in Clients Homes	1,520+ hours

Services:

Meals-on-Wheels of Johnson & Ellis Counties is making a positive difference in the lives of many by providing services that help elderly and disabled individuals maintain their independence and stay in their own homes, where they want to be.

Home-Delivered Meals (better known as Meals-on-Wheels)

Good nutrition is the key to good health, especially for someone who is homebound. Our meals provide 1/3 of the recommended daily allowance (RDA) of vitamins and minerals for an older adult. Volunteers deliver over 400 meals, Monday through Friday, to those in need. Frozen weekend meals are delivered on Fridays. Volunteers give clients a break from the isolation of a very lonely existence. Many times the daily visit from the volunteer is their only contact with the outside world. A meal and a smile can make all the difference!

Nutritional Supplements:

Meals-on-Wheels makes nutritional supplements available at cost to those that need additional nourishment to their diets.

Caregiver Education

Information & Assistance

Finding your way through the maze of services and options available for elderly and disabled loved ones can be very frustrating. Meals-on-Wheels maintains telephone numbers and information for services such as Social Security, housing, public benefits, legal matters, etc. We also have information available on Meals-on-Wheels providers across the nation through our membership in the Meals-On-Wheels Association of America.

Special Services

Special Services include a wide array of "special" services for "special" needs. Liquid nutritional supplements are provided "at-cost" to persons who are nutritionally "at risk." Special food sacks are also available to those in need. Meals-on-Wheels also assists in arranging for minor home repairs and modifications as well as dental, hearing, and eyeglass needs. Other special services are provided as needs arise.

Events & Activities:

Community Events/Volunteer Orientations

This year with the increased need for fundraising efforts, Meals-on-Wheels has begun hosting community events in each of the communities we serve throughout Johnson and Ellis Counties. The events are intended to raise community awareness, recruit new individuals, and better inform current volunteers, clients and donors. Each event is one hour, and unique to each community.

19th Annual Golf Benefit

Meals-on-Wheels 19th Annual Golf Benefit held on September 14th was the most successful Benefit to date! With a full field—morning and afternoon—golfers and volunteers enjoyed a fun-filled day of food and fun! Along with sponsors, 268 golfers, and over 50 volunteers, the event raised over \$65,000 to feed the homebound elderly and disabled persons in our community. This is the largest amount ever raised for the Golf Benefit since its beginning in 1988.

1st Annual Benefit BBQ

26th National Philanthropy Day

National Philanthropy Day is the special day set aside each year to recognize and pay tribute to the great contributions that philanthropy -- and those people active in the philanthropic community -- have made to our lives, our communities and our world. Meals-on-Wheels celebrated the 26th Annual National Philanthropy Day on October, by honoring the three United Way agencies we are a part of at a luncheon held at the Fort Worth Renaissance Worthington Hotel. The annual event was sponsored by the Association of Fundraising Professionals. Over 500 people gathered to honor non-profit organizations, private foundations, corporations, clubs and individual donors from all over North Texas.



Meals-on-Wheels, "Best in America"

Meals-on-Wheels of Johnson & Ellis Counties recently was chosen "Best in America" by Local Independent Charities (LIC) in May 2005. As a LIC member, Meals-on-Wheels was among the few organizations to receive the endorsement. Of the 50,000+ charities that participate in the Combined Federal Campaign (CFC), less than 1,500 have the opportunity to display "Best in America" seal of approval. With so many choices, many workplace donors look for help with their giving decisions. Workplace givers are encouraged to "look for the seal" when deciding where to designate their contributions. The "Best In America" seal was inspired by a recent comparative review of "watchdog" groups by the National Council of Nonprofit Associations. Of these groups, LIC was acknowledged as one of the most rigorous in its application of member eligibility, in conjunction with their own additional testing standards. A LIC member since 2000, Meals-on-Wheels has met those standards and tests. LIC is a federation of over 600 local nonprofit charitable organizations that are helping children, the poor, the ill and disabled, the elderly and many others in need in local communities. The southern regional headquarters are located in Austin, Texas. For more information about Local Independent Charities, visit www.lic.org.

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