



**MEALS on WHEELS**

**JOHNSON & ELLIS COUNTIES**

TOGETHER, WE CAN DELIVER.

# BREAD BASKET



Mr. and Mrs. Jones' daily meal delivery helps them a great deal.

## KEEPING UP WITH THE JONESES

Mr. Jones has two passions in life: Tending his garden and, most importantly, caring for his wife.

Mrs. Jones likes to play the piano and talks affectionately about their two children, five grandsons and 12 great-grandchildren. They both enjoy looking through their new memory/photo book commemorating their 69th anniversary party this past June!

The Joneses met at college in Kansas. After they married, they settled in a small community in the Texas high plains. Mr. Jones, a World War II veteran, was a high school guidance counselor and active Mason. Mrs. Jones was a stay-at-home mom to their daughter and son, but prior to motherhood, she was part of a musical trio known as The Keynotes, who released a few albums and traveled the country sharing their talent.

After retirement, the Joneses began traveling around the country on vacations and to see family. They estimate they put 200,000 miles on at least two of their cars through their many excursions! Their favorite destinations were to see grandchildren and great-grandchildren. When their first great-grandchild was born, they were there. When mom and baby came home from the hospital, Mr. Jones was there to help. "No matter what his parents tried, the baby was just fussing and couldn't go to sleep. I said, 'Here, let me have a try,' and wouldn't you know it, he laid against my chest and immediately fell into a deep sleep!" Mr. Jones attributes that gift to his mother—he says she could always soothe babies, too.

The Joneses settled in a lovely home in Johnson County in 2015

after health issues and wanting to be closer to family brought them to the area.

They began receiving our meals shortly after their move. Mrs. Jones was a dedicated volunteer for the Meals on Wheels program in her former community, so she knew she could count on Meals on Wheels of Johnson & Ellis Counties to be of help. Due to her health, Mrs. Jones has diminished mobility and Mr. Jones is her primary caregiver, so having a meal delivered daily helps them a great deal. "I cannot stand for long periods of time, so that makes preparing meals hard for me. We appreciate having our lunch delivered daily," she says. Mr. Jones adds that he is proud to live in a community that cares so much for its seniors.

It is because of supporters like you that we can make sure Mr. and Mrs. Jones, and our other senior neighbors, are able to have home-delivered meals from a friendly face. Please help us continue to serve the children of yesterday.

# BUILDING WITH LOVE

MADE WITH LOVE • HANDLED WITH LOVE • DELIVERED WITH LOVE

Meals on Wheels of Johnson & Ellis Counties' Building with Love Capital Project goal is to raise \$1.5 million for Phases II and III.

- Multiphased project strategically developed with a “best use” of resources approach
- Conservative solution allowing Meals on Wheels of Johnson & Ellis Counties to serve and meet the ever-increasing needs of our community today and into the future

## PHASE I—COMPLETE ✓

Meals on Wheels of Johnson & Ellis Counties has proudly completed the first-of-its-kind Distribution Facility in Texas in partnership with GA Foods.

**MADE WITH LOVE:** SimpleCook™ Kitchen, an innovative kitchen concept, ensuring a fresh-from-the-oven taste, using a sensory analysis technique allowing meals to have maximum flavor, presentation and satisfaction

**HANDLED WITH LOVE:** Up-to-date integrated pick-up, delivery and distribution system

**DELIVERED WITH LOVE:** Higher quality of meals, delivered by caring volunteers, with additional menu options

## PHASE II

Replicate the Distribution Facility in Ellis County using the sustainable model in Johnson County with the addition of office space for staff

Ensure the same level of quality and delivery throughout our service area

## PHASE III

Build a modest office building for staff on the site of the Distribution Facility in Johnson County

Provide much-needed office space for staff

## SHOW YOUR LOVE AND SUPPORT

To invest in our future, tax-deductible gifts can be made specifically for the Building with Love Capital Project.

*Donations be made online at [www.mowjec.org/capital-project](http://www.mowjec.org/capital-project).*

**THANK YOU** to each person that has celebrated the opening of our new Distribution Facility in Johnson County. Many of you have shared in our joy and enthusiasm as we opened the doors to a new chapter and continue planning for the future of our organization and serving our communities. Thank you to all of our donors that contributed to the completion of Phase I.



“I wanted to let everyone know how awesome the new meals are.”  
—A meal recipient we love to serve

“The new food tastes so much better and portions seem to be a lot larger.”  
—A meal recipient we understand



“I look forward to my meal and also seeing the volunteers.”  
—A meal recipient we’re here for





## PLANNED GIVING: WHY IT'S CRITICAL TO OUR WORK

Planning for the future is always a good idea, no matter where you are in life. As an example, Meals on Wheels of Johnson & Ellis Counties relies on the foresight of those who include a gift to us in their financial or estate plans. These planned gifts can be made now to immediately support meals to homebound seniors, or they can take effect in the future as a final way to leave your legacy.

Depending on the gift arrangement you choose, you can:

- Feel secure about the future of your loved ones.
- Maintain control of your assets for life.
- Receive tax benefits.
- Give more than you ever thought possible.

### HERE ARE A FEW POPULAR PLANNED GIVING OPTIONS:

**Gift of appreciated securities.** If you've owned stock for more than a year, and it's increased in value, you may donate the stock directly to us. You may receive an income tax charitable deduction for the full fair market value of your gift when you itemize and eliminate capital gains tax.

**Gift in your will or revocable living trust.** This can be as simple as including a sentence in your will or living trust. Because this gift doesn't go into effect until after your lifetime, your current budget isn't affected, and you can change your mind at any time.

**Gift of retirement plan assets.** By naming Meals on Wheels as the primary beneficiary on the beneficiary designation form for a percentage (1–100) of your account's final value, you can make a tax-wise gift to support us after your lifetime.

### SAMPLE LANGUAGE TO USE

If you are ready to include a gift to Meals on Wheels in your will, ask your attorney to add this suggested wording to the document:

*I give to Meals on Wheels of Johnson & Ellis Counties, Cleburne, Texas, the sum of \$\_\_\_\_\_ (or \_\_\_\_\_ percent of the rest, residue and remainder of my estate) for its general purposes.*



## SIMPLIFY YOUR ESTATE PLANNING WITH A BENEFICIARY DESIGNATION

If you like keeping things simple—and who doesn't?—consider using beneficiary designations for important accounts.

You probably know you can use a beneficiary designation form to name a person or organization to receive proceeds from life insurance policies and retirement plan assets after your lifetime. But did you know you can also do this with bank and brokerage accounts?

Most states\* allow you to designate a beneficiary for these types of accounts in one of two ways:

- **Payable on death (POD):** You name one or more persons or charities as the beneficiary of your checking, savings or certificates of deposit once you, the account owner, pass away.
- **Transfer on death (TOD):** You designate one or more persons or charities to receive proceeds from your brokerage or investment account after your lifetime.

Bear in mind, it is not necessary for the designation to transfer all of the account solely to Meals on Wheels of Johnson & Ellis Counties—you can designate a certain percentage of the account.

Also, with both POD and TOD accounts, the beneficiary has no rights to the funds until after your lifetime. Until then, you are free to use the money in the account, to change the beneficiary or to close the account.



### LEAVE YOUR LEGACY

To learn more about naming Meals on Wheels as a beneficiary of your bank account, certificate of deposit or brokerage account, please contact Christine Hockin-Boyd at 817.558.2840 or 972.351.9943.

\*State laws govern payable-on-death accounts and transfer-on-death accounts. Please consult with your bank representative or investment advisor if you are considering these gifts.

# FIND YOUR GIVING SPIRIT

## BE REWARDED FOR YOUR GENEROSITY

There are many reasons you *could* support a charitable cause. And undoubtedly many reasons you *would* as well.

Here are some reasons you *should*.

- 1) Continue your support.** If a charitable cause is worth supporting now, wouldn't it be nice to know you could help after your lifetime, too? A gift in your estate plan helps Meals on Wheels of Johnson & Ellis Counties continue to provide healthy meals to seniors in our communities.
- 2) Make a difference.** Most people want to know at the end of their lifetime that they've made a difference. Planned giving is a way to ensure that the people and causes most important to you benefit from your generosity. You indeed can make a difference.
- 3) Set an example.** Your generosity may inspire others. When someone else witnesses your generosity, that person is more likely to be charitable or make a donation. Children in particular can benefit from seeing an adult they respect donate or volunteer.
- 4) Just feel good.** Giving makes you feel good. Really, it does. Research shows that the act of giving reduces stress-related activity in one area of the brain while increasing reward-related activity in another. Our brains are wired to feel rewarded for magnanimity and selflessness.



### FIND YOUR GIVING SPIRIT

Learn about the many different ways you can give to Meals on Wheels. Visit [www.mowjec.org/donate](http://www.mowjec.org/donate).

# MEALS WHEELS™

## JOHNSON & ELLIS COUNTIES

TRIBUTES MAY 2018 – JULY 2018

### IN HONOR

**Albert and Helen Patak's  
65th Wedding Anniversary**  
Michael and Sharon Kudrna  
**Allinzie Phorne**  
Laverne Love  
**Brody Nelson**  
**#fightlikebrody**  
Kyle and Dana Sims  
**Carlene K. Bates**  
Dean and Pamela Oberg  
**Daisy Morris**  
Lisa Ehrich  
**Delwyne Davis**  
Sonya Brumit  
**Jerry Lipscomb's 81st Birthday**  
Coty West  
**Joyce Laverne King**  
Ron Coppage  
**Kristin DeLoach**  
Larry Boyd and Christine  
Hockin-Boyd  
**Mary Taylor**  
J.W. Snodgrass  
**Ms. Cookie Fowler**  
Barbara Harris  
**Narcissus Whipp**  
William Stephenson  
**Steve Stricklin**  
Carl and Fran Basden

### IN MEMORY

**Anne Janes**  
Tom and Donna Harrington  
**Anton Shahbarat**  
Daphne D. Shahbarat  
**Barbara Cagle**  
Kyle and Dana Sims  
Walter and Sherry Martin  
**Barbara Steiner**  
Yolanda Brady  
**Ben Kimmell**  
Tom and Donna Harrington  
**Billie Snyder**  
Joel Kirkpatrick  
Seekers Class—Central  
Presbyterian Church

**Bobbie Whitlock**  
Mary L. Baker  
Larry Boyd and Christine  
Hockin-Boyd  
Cliff and Kristi Jenkins  
Mary Shaffer  
**Cara Young**  
Steve Young  
**Carlos Decker**  
David Decker  
**Charles Dalton Williams**  
Patricia Melton  
**Christy Lindauer**  
Mike and Lynda Lain  
**Dawn Post**  
Brent and Deanie Matthews  
**Dee Eltzroth**  
Harold and Nancy Gilliam  
**Dennis Hausen**  
Yolanda Brady  
**Don Tanner**  
Mildred Dlabaj  
**Ed and Hazel Harrison**  
Arthur and Waldeen Harrison  
**Elaine Reid**  
James and Lynda Reid  
**Gilbert Lee Ferrell**  
Kevin and Sharon Hendricks  
**Gina Baxter**  
Ward and June Hogue  
**Gladys M. Roe**  
Gary and Dana Shipp  
**Hazel Swain**  
Walter and Sherry Martin  
**Helen Dlabaj**  
Jerry and Helen Yarbrough  
**James Fetch**  
Crank's Consulting  
**Jay Davis**  
Larry Boyd and Christine  
Hockin-Boyd  
**Jerry's Mom**  
Barbara Palmer  
**Jim Sinclair**  
David Decker  
**Jimmy Tyer**  
Dan and Jan Taylor

**Joe and Helen Wardlaw**  
Pamela Arnold  
**John Charles Murphy**  
Mary Murphy  
**Johna Faye Seawright**  
W.E. and Martha Carroll  
**Joseph Mack Hill**  
Royce and Becky Cheyne  
Lakeshore Ventures, LTD.  
Mary Shaffer  
**Joylee McCoy**  
Bill and Martha Cole  
Marcea Haubert  
**Karen Beckham Spence**  
Stephen Spence  
**Larry Morgan**  
Jeff and Jacque Keeney  
Carl and June McLaughlin  
David and Llanea McMinn  
Kathi Taylor and Kirk Carrell  
**Lewis Brown**  
Roy and Johnnie Robinson  
**Lewis Isenberg**  
Nelda Cunniff-Isenberg  
**Lindle Freeman**  
Jack and Mary Nakawatase  
**L.J. and Margaret Wilkin**  
Jack and Sandra McCartney  
**Mattie Borders**  
J.B. and Helen Sims  
**Marvin Uecker**  
Paul and Janice Hinman  
**Mary Baker**  
Mary Shaffer  
**Mary Pat Collins**  
Mark and Melissa Reljac  
**Michael David Roggen**  
Ronnie and Cynthia Allen  
Kaye and Melva Scott  
**Mom and Dad**  
Mary Wilson  
**Neal Stennett**  
Dan and Jan Taylor  
**Otis Robinson**  
Bob and Sue Childress  
**Paul Beatty**  
Dan and Jan Taylor

**Rachel's Mother**  
Tom and Donna Harrington  
**Randall Philpot**  
Deborah Philpot  
**Ravenel Franklin**  
Tom and Donna Harrington  
**Ray and Bettye Dyche**  
William Armstrong  
**Reginald and Thelma Stewart**  
Tommy and Donna Stewart  
**Rhonda Campbell Guenther**  
Dan and Jan Taylor  
**Robert and Blondina**  
Take 10 Oil, Inc.  
**Robert and Lucille McCartney**  
Jack and Sandra McCartney  
**Ron Harmon**  
Paula Harmon  
**Sheli Bates**  
Brad and June Bates  
**Sheryl**  
Richard P. Champagne  
**Shirley Segars Smith**  
Bob and Sue Childress  
Maired Hand  
Larry and Kay Kelm  
**Stan Burton**  
Dan and Jan Taylor  
**Twylah Gay Rice**  
Kenneth and Carol Johnson  
Richie and Julie Rice  
**Uncle Bob Rice**  
Kenneth and Carol Johnson  
Richie and Julie Rice and Kids  
Sheri and Dan Swindell and Girls  
**Uncle Earl Miller**  
Dan and Deborah Rayfield  
**Vernon Beene**  
Maired Hand  
**Wilma Thomas**  
Sid and Jean Evans  
**Wilmer Allen Cavitt Jr.**  
Eugene Johnson

SEE YA NEXT YEAR  
SEPTEMBER 12, 2019!



## GOLF BENEFIT CELEBRATES 31 YEARS

Thank you sponsors, golfers, volunteers and donors, for making the 2018 Meals on Wheels Golf Benefit a tremendous success!

This year we played at Cleburne Golf Links where everyone in attendance enjoyed the beautiful weather and food prepared by Atmos Energy. A special thank you goes to the Linebarger Goggan Blair & Sampson, LLP for being our Title sponsor for our 2018 annual golf benefit, and Baker Foundation of Burleson for their Ace sponsorship.

On behalf of all those we serve, we are grateful for your support!

# MEALS **on** WHEELS™

## JOHNSON & ELLIS COUNTIES

106 E. Kilpatrick Street • Cleburne, Texas 76031  
817.558.2840

1311 Ferris Avenue, Suite C • Waxahachie, Texas 75165  
972.351.9943

[mowjec.planmylegacy.org](http://mowjec.planmylegacy.org)

[www.mowjec.org](http://www.mowjec.org)

### MAKING A DIFFERENCE IN THE LIVES OF MANY BY HELPING:

- Feed the hungry
- Break the isolation of a lonely day
- Allow people to live independently
- Allow families to care for their loved ones
- Improve the overall quality of life

[www.facebook.com/MOWJEC](http://www.facebook.com/MOWJEC)

