



MEALS on WHEELS

JOHNSON & ELLIS COUNTIES

TOGETHER, WE CAN DELIVER.

BREAD BASKET



COMMUNITY HELPING COMMUNITY

Giving back and being a part of something that can't exist without community support portrays Ms. Ruth's life perfectly. With a take-charge personality, sharp sense of humor and a servant's heart, Ruth is known to face challenges head on, and seek out ways to help and strengthen her neighbors and community.

A longtime resident, Ruth joined the Bristol Volunteer Fire Department in 1982 and jokingly refers to herself as "the oldest member of the volunteer fire department in the world."

Ruth is no longer able to dispatch calls or race to the scene of a fire to comfort and care for the victims. However, she remains involved by helping with signage and allowing the department to use her house as their makeshift "office."

"When I started with the department no one knew Bristol

even had a volunteer fire department, but I did what a secretary would do, really what a mother would do. I just tried to take care of things. I responded to fires all the time—orchestrated and helped with organization."

She remembers one fond memory on a Sunday morning, "Two old men in an old truck in a field on Sugar Ridge trying to fight the fire alone. I went and pulled all of the volunteer fire department out of church to go help fight the fire."

Aging, life and a series of strokes have taken a toll on Ruth and she now depends on Meals on Wheels for her daily noontime meal. She has spent a lifetime continually giving back to her community, and now finds security and peace knowing her community is giving back to her.

"The Fire Department has almost always been happy with me. It

Ruth poses with a memorabilia quilt made by Caring Hands, which supports the Fire Department throughout the year, and the Fire Hydrant Award, presented by the Bristol Volunteer Fire Department, to thank their longtime board member for over 30 years of service.

has been my pleasure to be there for people and to be able to help others. It makes people feel better. Kind things make them feel better."

Ruth, and many like her who have given a helping hand over the years, are now in need of a helping hand themselves. Meals on Wheels provides for our seniors who need it most. It is more than a nutritious meal—it is a safety check and a visit from a caring volunteer. Through this simple act of kindness, they know they are not forgotten and are surrounded by a community that cares.

Help people like Ruth receive the helping hand they need when you make a gift to Meals on Wheels.



COMMON QUESTIONS ABOUT WILLS

It's not easy talking about wills. The thought of not being there for your loved ones weighs heavily. But delaying this discussion can do more harm than good. That's why we've provided answers to common questions about wills below—to get you started writing yours.

WHY HAVE A WILL?

A will provides for the people and causes you care about, such as Meals on Wheels. It's the best way to ensure your wishes—such as who cares for your children or who receives a prized possession—are carried out after you're gone.

AREN'T WILLS ONLY FOR THE WEALTHY?

Everyone needs a will to control legal decisions and the distribution of assets after they're gone, regardless of financial worth. And you may have more assets than you realize: Your home, life insurance and retirement plan assets all add up.

CAN I WRITE MY OWN WILL?

Avoid the do-it-yourself route and hire a qualified professional. It's the best way to ensure your will is legally sound and satisfies your unique needs.

WHAT HAPPENS IF I PASS AWAY WITHOUT A WILL?

Your assets will be distributed according to the state laws where you lived at the time of your passing. Each state is different and has established guidelines on how property and other assets will be distributed. In the end, people and organizations dear to you may not receive what you had intended.

YOUR WILL POWER

A gift from your will is a powerful way to make a significant impact at Meals on Wheels of Johnson & Ellis Counties. Contact us to start the conversation.



Left: Burluson Rotary Club, the winners of our “Civic Organization Challenge” present MOWJEC with a donation of \$3,231.
Top: State Representative DeWayne Burns and client, Ms. Cynthia.

CELEBRATING MARCH FOR MEALS

This year, MOWJEC raised a record high of more than **\$52,000** during March for Meals! Annually MOWJEC participates in “March for Meals” with other meal programs nationwide to raise awareness of senior hunger issues, raise funds locally and recruit volunteers.

MOWJEC could not begin to nourish the lives of our senior and disabled community members without the partnership of our local donors, officials, businesses, organizations, churches, and volunteers. Thank you to everyone who made March for Meals such a phenomenal success!



SECURE PEACE OF MIND FREE GUIDE FOR YOU!

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In this age of electronic transactions, it's critical that your personal and financial information is protected. Use our **Digital Estate Protection Kit** to create a record of your passwords and online services. Simply return the enclosed reply card to request your FREE copy today!

MEALS WHEELS™

JOHNSON & ELLIS COUNTIES

TRIBUTES JANUARY – APRIL 2018

IN HONOR

Allinzie Phorne
Laverne Love

Betty Jean Caudle
Marion Frie

Brody Nelson
#fightlikebrody
Kyle and Dana Sims

Barney Basden
Carl and Fran Basden

Bruce Basden
Carl and Fran Basden

Glenn Crowder
Roy and Johnnie Robinson

Gus and Katherine Jones
Russell and
Nancy Thomas

Joan and Otto Crumroy
Kim Hinton

Karri Ivey
Johnny Johnson

Lisa Deese's 10th
MOWJEC Anniversary
Erin Russell
Larry Boyd and Christine
Hockin-Boyd

Matt Thomas' Birthday
Dean and Pamela Oberg

Mr. and Mrs.
Camden Decker
Kyle and Dana Sims

Nelda Stucks as President
of The Athena
Society of Burleson
Howard and Sharon Wright

Our Community Partners
Home Instead Senior Care

Rebecca Stricklin
Carl and Fran Basden

Robin Long's 70th Birthday
Nelson and Lisa Deese

IN MEMORY

Adelaide Hammond
Cynthia Turner

Anita Hutson
Loyd and Sheryl Hudzietz

Bill and Alma Ricks'
70th Wedding Anniversary
Linda Nichols

Bill and Daisy Poland
Billy Poland, Barbara
Walker and Kathi Taylor

Bill and Leona Murray
William and Jo Benoy

Bill Hopper
Carl and June McLaughlin

Bill Leonard
Gladys Gray

Billie Stephens
Field Street Baptist
Church, Faithful
Workers Fellowship Class

Donna Huckabee

Patricia Massey

Gladys Dempsey Moore

E.J. and Trudi Robbins

Barbara Scott

Nancy Smith

Larry Boyd and Christine
Hockin-Boyd

Bonnie Jean Jackson
Lauren Higginbotham

Carl Fickle
Billy Poland, Barbara
Walker and Kathi Taylor

Carl Simms
Donald and Margaret
Hamby

Billie Key

Mike and Lisa Lehrmann

John and Wanda Rollen

Joyce Emmert

Mary Shaffer

Carlos Decker
David Decker

Charles Tucker
D.P. Hollibaugh

Clive O'Neill
Lee and Sandra Matthew

Connie Ward
Tom and Jerri Walker

Dan Thornburg
Marlene Thornburg

Dennis Case
Margret A. Case

Northpointe First
Baptist Church

Teresa K. Alcorn

Dave and Geri Hardin

Leon and Elsie Hernandez

Melody Kelly

Texas Tradition Chorus
Larry Boyd and Christine
Hockin-Boyd

Diane Jones
David Attaway

Dorothy Burt
Dan and Jan Taylor

Dot Wilson
John and Betty Watson

Dr. Jack Burton
Pamela Allison

Dr. Robert D. Roe
Helen Roe

Edna Newman
Charles Newman

Estelle Brown
Jim Adams and Debra
Reynolds-Adams

Esther Hocker
Ron Coppage

Ethel Priddy
Marcy Busby

Ev Jacobson
Brian and Kim Holley

Fern Holland
Billie Key

Frieda Hailey
Dianne Chapman

Glenda Gaulding
Arlie and Rebecca Stanley

Webb Kirkpatrick Realtors

Greg Huff
Carl and June McLaughlin

H.F. Tehan
Tom and Donna
Harrington

Harry Hitt
Barbara Hitt

Helen and Frank Diabaj
Jerry and Helen Yarbrough

Hollis Cogburn
Randy and Janie Stone

Inge Eisenstaedt
David and Elaine
Maltsberger

Jack Quattlebaum
Joyce Emmert

Loyd and Sheryl Hudzietz

Ricky Quattlebaum

Joe and Sherry Reyna

Joe and Jacqueline
Robinson

Bobby and Glenda Self

Doris Simms

Dave and Donna
Zimmerman

Jack Spears
W.E. and Martha Carroll

Jack Strevelle
Ed and Ann Maher

Jacquelyn Redmon
W.E. and Martha Carroll

Glenn and Shawnn
Henderson

Patricia McGath

Fred and Shirley Vasicek

John and Tina Pollock

Janet Barnett
W.E. and Martha Carroll

Jeannie York
Walter and Sherry Martin

Jerrell Ogden
Southern Belle
Styling Salon

Jerry and Dorothy Burt
Joyce Emmert

Gary and Patricia Lillard

James and Sandra Neeley

Buz and Tracy Robinson

Steve and Pam Simms

Jerry S. Hughes
Annetta Hughes

Jerry Webb
Billy Poland

Jim Pannell
Rick and Stacia Byars

Jim Sinclair
David Decker

Jim Woodard
Freda Glass

Dan and Jan Taylor

Lonnie Holliday

Jimmie Lee Durant
Gene and Jackie Denman

Joe Milsap
Mary Shaffer

John and Carrie Jaresh
Don E. Beere

John and Jacquelyn Redmon
Dora Bastiani Redmon
Memorial Research
Foundation

John Lutz
John and Jody Morrison

John Williams
Loyd and Sheryl Hudzietz

Johnnie and Luvenia
Hurliman
Scott and Mary Manning

Johnnie and Mary Hajek
Cynthia Marshall

Joyce Race
Keith and Susan Ruprecht

Joylee McCoy
Bono Baptist Church

Robert and Elizabeth
Childres

Milton and Kathy
Gutierrez

Walter and Barbara Harris

Marvin Janes

Gary McCoy Jr.

Paul and Gayle Murphy

Jeff Ricketts

Sam and Laura Silveria

Louis Tanner

Larry Boyd and Christine
Hockin-Boyd

LaJoyce Brown
Benita Brown

Lamar Parnell
Royce and Becky Cheyne

Dan and Jan Taylor

Bill and Cheryl Wilson

Paul and Janice Hinman

Larry Whitfill
Kathi Taylor

Lavalla Vickers
Paul Vickers

Levi Clark
Galen and Lorie Fowler

Lindle Freeman
Jack and Mary
Nakawatase

Lou Shockley
Renee Hargrove

Lucy Gogaware
Sandy Breuss

Lucy Poland
Billy Poland, Barbara
Walker and Kathi Taylor

Lynda Allen
Cliff and Kristi Jenkins

Mago Construction

Texas Lime Company

SAVE THE DATE!

2018 ANNUAL GOLF BENEFIT

Marian Neugebauer
Paul and Janice Hinman
Martin Thigpen
Victory Circle,
Kings Daughters
Mary Pauline Elam
Dan and Jan Taylor
Mary McConathy
Harlow and Ann Wood
Matthew Mead
Randy and Tabatha
Anderson
Billy and Patsy Dumas
Lonnie Holliday
Michael David Roggen
Larry and Christine Boyd
Brian and Kim Holley
Erin Russell
Michael Endres
Jerry and LaVern Endres
Modell and Leona Robinson
Roy and Johnnie Robinson
Mr. and Mrs. Doug Swearingen Sr.
Paula Kay Laws
Mr. and Mrs. James "Dub" Hammack
Linda White
Mrs. Jimmie R. Cozad
Charles Cozad
Mrs. Sally Metheny
Zane and Gina Horton
Nathan Simmons
W.E. and Martha Carroll
Paul Evans
Sid and Jean Evans
Pete Sayers
John and Wanda Rollen
Phoebe Whipp
William Stephenson
R.E. and Doris Roberts
David and Julie Roberts
Rao Douglas Harrison
Richard and
Marciadean Harrison
Ray and Bettye Dyche
William Armstrong
Richard B. Sale III
Rick and Teel Sale
Royline Orr
Carl and June McLaughlin

Rowena Head
Laverne George
Russell and Anna Zerwekh
Joseph Zerwekh
Ruth McDonald "Aunt Elbo"
Buz and Tracy Robinson
Sadie
Teresa Richards
Shirley Segars Smith
Larry Boyd and Christine
Hockin-Boyd
Bill and Nadine Jones
Bob and Beverly McJilton
Billy and Patsy Dumas
Loyd and Sheryl Hudzietz
Lonnie Holliday
Stephen Fagan
Arlie and Rebecca Stanley
Suzanna Gray
Mark and Tris Fitzgibbon
Sylvia Lucille Raye
Paul and Karen Siegmund
T.N. (Tom) Wilmore
Ron and Ellen Parnell
Tia Lucilla de la Garza
Cliff and Kristi Jenkins
John and Tina Pollock
Larry Boyd and Christine
Hockin-Boyd
Toni Barto
Brian and Kim Holley
Vernie Stringer
George and Dana Turner
Dan and Jan Taylor
Lonnie Holliday
Vernon Beene
Eric and Rita Bonin
Virginia Brewer
Mike and Lynda Lain
Walter and Eleanor Manning
Scott and Mary Manning
William "Bill" Tranum
Buz and Tracy Robinson
Willie Doyle
Martelle Doyle

AniMeals
Dolly Cat
Jane Boyd



MEALS on WHEELS
JOHNSON & ELLIS COUNTIES



LINEBARGER
ATTORNEYS AT LAW

Meals on Wheels, along with title sponsor Linebarger Goggan Blair & Sampson, LLP, invites you to the 2018 Annual Golf Benefit!

When

Thursday, September 13, 2018

Tee Times

7:30 a.m. and 1:30 p.m.

Where

Cleburne Golf Links

Details

Visit mowjec.org/2018-annual-golf-benefit.



HOW TO MAKE GIVING A FAMILY TRADITION

Whether they occur year-round or during the holidays, family traditions help deepen relationships across generations—especially family traditions focused on philanthropy.

When giving to others, children, parents and grandparents come together for a common cause. They decide what issues the family values and then work together to make a difference. The act of giving transitions from an impulse to something purposeful.

HERE'S HOW TO START YOUR TRADITION:

- **BEGIN EARLY:** Encourage small children to donate their toys or participate in a simple charitable activity. As they grow, encourage youth to talk about their interests. Accept that their idea of giving back may differ from yours.
- **VOLUNTEER TOGETHER:** Participate in family volunteer opportunities in your community. It's a great way to see firsthand who or what your giving supports. Plus, making a difference together feels good.

- **CRAFT A FAMILY VISION:** Encourage family members to talk about their giving goals. Solicit input from everyone. Then together, decide how, where and why you will give.
- **CREATE OWNERSHIP:** Provide younger family members with money to make charitable gifts. When they grow older, match their giving. Creating this sense of ownership can help instill a giving mindset for life.
- **GAUGE YOUR IMPACT:** A few times a year, discuss the impact of your philanthropy. This keeps giving top of mind and everyone motivated.
- **BE FLEXIBLE:** Periodically, review your family vision for philanthropy. Does it still resonate? Does it need a makeover? Adjust your goals to changing priorities.
- **GIVE AGAIN (AND AGAIN):** After all, the key to tradition is repetition.

MAKE YOUR TRADITION LAST

Extend your tradition of giving beyond your lifetime—and set an example for future generations—with a gift from your will to Meals on Wheels. Contact Christine Hockin-Boyd at 817.558.2840 or 972.351.9943 for details.

DONOR ADVISED FUNDS

USE THIS TAX-WISE FUND TO BENEFIT MEALS ON WHEELS

A one-stop solution that simplifies your charitable giving, donor advised funds have experienced a recent surge in popularity. Here's how you can turn these funds into a lasting legacy at Meals on Wheels of Johnson & Ellis Counties.

ESTABLISH THE FUND



1
Create the fund to manage your charitable contributions.

2
Contribute to your fund.

3
Qualify for a tax deduction for the current year when you itemize.

4
Decide now or later the charities you'd like to support.

5
Grow your fund through the investments made with your contribution.



Create a donor advised fund



Qualify for a tax deduction



Choose three charities to support, including Meals on Wheels of Johnson & Ellis Counties

CREATE YOUR LEGACY

Turn your donor advised fund into a lasting legacy at Meals on Wheels by naming us as a beneficiary of your fund. You can do this at the time you create the fund, or if you already have one, contact your fund administrator to complete a change form. You have the option of naming us the beneficiary of the entire account or a percentage of the fund.



It's easy to turn your donor advised fund into a lasting legacy at Meals on Wheels of Johnson & Ellis Counties. Contact us to learn how.



NEW DISTRIBUTION FACILITY

Meals on Wheels of Johnson & Ellis Counties is excited to have recently broken ground on a new Distribution Facility. In partnership with GA Foods, the facility will contain a SimpleCook™ Kitchen and will be the first of its kind in Texas. This innovative kitchen concept, ensures a fresh from-the-oven taste, using a sensory analysis technique, which allows meals to have maximum flavor, presentation and satisfaction.

The Distribution Facility in Johnson County is phase one of a much larger project to meet the needs of those in Johnson and Ellis counties now, and well into the future. The intent is to duplicate this facility on the eastern side of our service area.

MEALS **on** WHEELS™ JOHNSON & ELLIS COUNTIES

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817.558.2840

1311 Ferris Avenue, Suite C • Waxahachie, Texas 75165
972.351.9943

mowjec.planmylegacy.org

www.mowjec.org

MAKING A DIFFERENCE IN THE LIVES OF MANY BY HELPING:

- Feed the hungry
- Break the isolation of a lonely day
- Allow people to live independently
- Allow families to care for their loved ones
- Improve the overall quality of life

www.facebook.com/MOWJEC

